Docket No. 0526-1105 Application No. 10/542,274

## AMENDMENTS TO THE SPECIFICATION:

Page 1 after the title and before the line beginning "This invention relates", please insert the following heading:

Field of the Invention

Page 1 before the line beginning "Most bicycles today", please insert the following heading:

Background of the Invention

Page 4 after line 6 and before the line beginning "One purpose of this invention", please insert the following heading:

Summary of the Invention

Page 5 after line 13 and before the line beginning "The invention will be", please insert the following heading:

Brief Description of the Drawings

Page 6 after line 7 and before the line beginning "The speed changer", please insert the following heading:

Detailed Description of Embodiments